

MAMA'S BIG TRAY

big tray contents may not be exactly as pictured



TAKEOUT ONLY - PLEASE ORDER 1 DAY AHEAD

\$46

Please order your Mama's Big Tray at least one (1) day in advance. Thank you for your understanding.

- 1 California Roll
- 1 Spicy California Roll
- 1 Mama's Dynamite Roll
- 1 Green Roll
- 1 Yam Roll
- 1 Spicy Shrimp Avocado
- 1 Crispy Chicken Roll
- 1 Mango Chicken Avocado Roll

MAMA'S BENTO BOXES

with 8pcs roll, miso soup, and salad



DINE-IN OR TAKEOUT

Teriyaki Chicken or Beef Bento	\$12.15
Agedashi Tofu Bento	\$12.15
Vegetable Tempura Bento	\$12.40
Karaage Bento	\$13.65
Sashimi Bento (all Salmon +\$3.65)	\$14.65
Salmon Teriyaki Bento	\$13.95
Tempura Bento	\$12.65
Panko Prawn Bento	\$14.40
Panko Salmon Bento	\$14.15

See inside of menu for details

RESTAURANT HOURS

Dine-in/Takeout

MONDAYS

DINNER ONLY

4:00pm-7:40pm (last order)

TUES, WED, FRI, SAT

LUNCH 11:45am-2:00pm

DINNER 4:00pm-7:40pm (last order)

THURSDAYS

LUNCH SUSHI TAKEOUT ONLY 11:45am-2:00pm

DINNER 4:00pm-7:40pm (last order)

SUNDAYS - Closed

ALL OUR FOOD IS PREPARED & COOKED TO ORDER. PLEASE THEREFORE ALLOW FOR PREPARATION & COOKING TIME, ESPECIALLY AT THIS TIME WHEN WE ARE EXPERIENCING A HEAVIER THAN USUAL VOLUME OF DINE-IN AND TAKEOUT ORDERS.

OUR SUPPLIERS' INVENTORY SHORTAGE RESULTED INTO INCREASED PRICES OF OUR MAIN INGREDIENTS, WHICH HAVE UNAVOIDABLY CAUSED INCREASES IN THE PRICES OF SOME OF OUR ITEMS.



PLEASE KEEP TAKEOUT FOOD COOL AND EAT WITHIN ONE HOUR

NO MSG · NO PEANUTS

Menu items may contain or come into contact with ingredients that cause allergic reactions in some individuals. Please let us know if you have allergy concerns prior to ordering.

SUMMER 2023

ALL PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE



JAPANESE KITCHEN

MENU

DINE-IN & TAKEOUT

604.883.9190

Please phone in your takeout orders ahead of your desired pickup time. We only prepare food as we receive orders so we need ample time to prepare your food.

Harbour Spirit Centre
12808 Madeira Park Road, Madeira Park

www.mamaskitchen.ca

SOUP & SALAD

Miso Soup (tofu, green onion) **\$3**

Rice **\$3**

Sushi Rice **\$3.50**

Vegetable Sunomono **\$4.25**

(sunomono noodles, cucumber, carrot,
lemon slice in vinegar sauce)

Shrimp Sunomono **\$4.75**

(with baby shrimps)

Mixed Vegetable Salad **\$7.50**

Seaweed Salad **\$8.50**

(different types of seaweed, seame oil, ponzu sauce)

Spinach Gomaae **\$5**

(boiled spinach with sesame sauce)

APPETIZERS

Edamame **\$5**

Gyoza 5 pcs pork **\$6**

Shrimp Gyoza 5 pcs **\$8**

Garlic Gyoza 5 pcs **\$7.70**

Vegetable Gyoza 5 pcs **\$6.50**

Vegetable Spring Rolls 2pcs **\$4.50** 4pcs **\$8**

Agedashi Tofu **\$7.25** (deep-fried tofu with soy sauce
broth)

Spicy Agedashi Tofu **\$7.50**

Chicken Karaage **\$8.50** (deep-fried chicken)

Spicy Chicken Karaage **\$8.95**

TEMPURA

Appetizer Tempura **\$7.80**

Vegetable Tempura 5pcs **\$7.20**

Prawn Tempura 4pcs **\$9** 8pcs **\$17.50**

Yam Tempura 4pcs **\$7** 8pcs **\$13.50**

PANKO

Panko Breaded Prawns 4pcs **\$13** 8pcs **\$23.25**

TERIYAKI BOWL (beef or chicken and vegetables on rice)

Beef or Chicken S-**\$12.25** L-**\$15**

Spicy Chicken Karaage Don **\$13.50**

add Extra Beef or Chicken **+\$3**

SASHIMI

Tuna (Albacore) 5pcs **\$10.50** 10pcs **\$20**

Salmon (Wild Sockeye) 5pcs **\$12.50** 10pcs **\$23**

Tuna 3pcs & Salmon 3pcs **\$14**

Tuna 5pcs & Salmon 5pcs **\$21.50**

SUSHI ROLLS (all rolls have rice on the outside)

Inari (1pc) **\$2.15**

(fried bean curd with sushi rice)

Cucumber Roll **\$3.95**

Avocado Roll **\$4.35**

Avocado Cucumber Roll **\$4.65**

Green Roll **\$5** (avocado inside, avocado on top)

Yam Roll **\$5.15**

Tuna Roll **\$4.65**

Salmon Roll **\$4.65**

Tuna Salmon Roll **\$6.90**

Beef Roll **\$4.55**

Chicken Roll **\$4.55**

California Roll **\$4.85** (with mayonnaise)

Salmon Avocado Roll **\$5.40**

Tuna Avocado Roll **\$5.40**

Crispy Chicken Roll **\$5.35**

Dynamite Roll **\$5.70**

Spicy Tuna Roll **\$5.25**

Spicy Salmon Roll **\$4.90**

Spicy BBQ Salmon Avocado Roll **\$5.45**

Spicy California Roll **\$5.05**

Spicy Chicken Roll **\$4.80**

Spicy Dynamite Roll **\$5.90**

Spicy Shrimp Avocado Roll **\$6.15**

Any rolls, add spicy mayonnaise **+\$0.25**

Substitute soy sheet on any roll **+\$1.15**

Any roll, add mango **+\$0.65**

SEASONAL ROLLS (and any roll with Mango)

Mango Avocado Roll **\$5**

Mango California Roll **\$5.40**

Mango Chicken Roll **\$5.90**

SMALL ITEMS

Spicy mayo, hot sauce, wasabi,
ginger, teriyaki sauce **\$0.25**

Additional ponzu sauce, gomaae sauce **\$0.1**

Substitute soy sheet for any roll **\$0.75**

Additional mango **\$0.45**

MAMA'S SPECIALTY SUSHI ROLLS

Mama's Dynamite Roll **\$8.65**

(2 prawn tempura, cucumber, avocado on top)

Mama's Vegetable Roll **\$7.55**

(cucumber, avocado, carrots, Japanese radish,
tempura yam, tempura string bean, w/ soy sheet)

CTT Roll **\$9.65**

(California roll w/ spicy tuna tobiko on top)

Harbour Roll **\$7.65**

(salmon, cream cheese, mango, avocado on top)

Spirit Roll **\$7.10**

(imitation crab tempura, tempura bits,
cucumber, avocado on top w/ spicy sweet sauce)

Centre Roll **\$12.15**

(tuna, salmon, prawn tempura, avocado,
soy bean sheet w/ spicy Japanese mayonnaise)

Madeira Roll **\$9.95**

(beet tempura, avocado, cucumber, carrot, mango,
salmon w/ soysheet on top)

MAMA'S BENTO BOXES

with 8pcs roll, miso soup, and salad

Teriyaki Chicken or Teriyaki Beef Bento **\$12.15**

Agedashi Tofu Bento **\$12.15**

Vegetable Tempura Bento **\$12.40**

Karaage Bento **\$13.65**

(3pcs Chicken Karaage, California roll, salad
edamame, vegetable spring roll)

Sashimi Bento (3pcs tuna, 2pcs salmon) **\$14.65**

all Salmon **+\$3.65**

Panko Salmon Bento **\$14.15**

(3pcs Panko Salmon, Shrimp Avocado Roll,
edamame, small appetizer)

Salmon Teriyaki Bento **\$13.95**

(California Roll, rice, small appetizer)

Tempura Bento **\$12.65**

Panko Prawn Bento **\$14.40**

(3pcs Panko Prawns, Mango Shrimp Avocado Roll,
edamame, small appetizer)