

## MAMA'S BIG TRAY

big tray contents may not be exactly as pictured



TAKEOUT ONLY

# \$44

Please order your Mama's Big Tray at least one (1) day in advance. Thank you for your understanding.

- 1 California Roll
- 1 Spicy California Roll
- 1 Mama's Dynamite Roll
- 1 Green Roll
- 1 Yam Roll
- 1 Spicy Shrimp Avocado
- 1 Crispy Chicken Roll
- 1 Mango Chicken Avocado Roll

## MAMA'S BENTO BOXES

with 8pcs roll, miso soup, and salad



DINE-IN OR TAKEOUT

Teriyaki Chicken or Beef Bento	\$12
Agedashi Tofu Bento	\$12
Vegetable Tempura Bento	\$12.25
Karaage Bento	\$13.50
Sashimi Bento (all Salmon +\$3.50)	\$14.50
Salmon Teriyaki Bento	\$13.80
Tempura Bento	\$12.50
Panko Prawn Bento	\$14.25
Panko Salmon Bento	\$14

See inside of menu for details

## RESTAURANT HOURS

**MONDAYS - Dine-in/Takeout**

Lunch - Closed

Dinner 4:00pm-7:30pm (last order 7pm)

**TUESDAYS TO SATURDAYS - Dine-in/Takeout**

Lunch 11:45am-2:00pm

Dinner 4:00pm-7:40pm (last order 7pm)

**SUNDAYS - Closed**

ALL OUR FOOD IS PREPARED & COOKED TO ORDER. PLEASE THEREFORE ALLOW FOR PREPARATION & COOKING TIME, ESPECIALLY AT THIS TIME WHEN WE ARE EXPERIENCING A HEAVIER THAN USUAL VOLUME OF DINE-IN AND TAKEOUT ORDERS.

OUR SUPPLIERS' INVENTORY SHORTAGE RESULTED INTO INCREASED PRICES OF OUR MAIN INGREDIENTS, WHICH HAVE UNAVOIDABLY CAUSED INCREASES IN THE PRICES OF SOME OF OUR ITEMS.



**PLEASE KEEP TAKEOUT FOOD COOL AND EAT WITHIN ONE HOUR**

NO MSG · NO PEANUTS

Menu items may contain or come into contact with ingredients that cause allergic reactions in some individuals. Please let us know if you have allergy concerns prior to ordering.

JANUARY 2023

ALL PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE



# JAPANESE KITCHEN

# MENU

## DINE-IN & TAKEOUT

# 604.883.9190

Please phone in your takeout orders ahead of your desired pickup time. We only prepare food as we receive orders so we need ample time to prepare your food.

Harbour Spirit Centre  
12808 Madeira Park Road, Madeira Park

[www.mamaskitchen.ca](http://www.mamaskitchen.ca)

## SOUP & SALAD

Miso Soup (tofu, green onion) **\$3**

Rice **\$3**

Sushi Rice **\$3.50**

**Vegetable** Sunomono **\$4.25**

(sunomono noodles, cucumber, carrot,  
lemon slice in vinegar sauce)

Shrimp Sunomono **\$4.75**

(with baby shrimps)

**Mixed Vegetable** Salad **\$7.50**

Seaweed Salad **\$8.50**

(different types of seaweed, seame oil, ponzu sauce)

**Spinach** Gomae **\$5**

(boiled spinach with sesame sauce)

## APPETIZERS

**Edamame** **\$5**

Gyoza 5 pcs pork **\$6**

Shrimp Gyoza 5 pcs **\$8**

Garlic Gyoza 5 pcs **\$7.70**

**Vegetable** Gyoza 5 pcs **\$6.50**

**Vegetable** Spring Rolls 2pcs **\$4.50** 4pcs **\$8**

Agedashi Tofu **\$7.25** (deep-fried tofu with soy sauce  
broth)

**Spicy** Agedashi Tofu **\$7.50**

Chicken Karaage **\$8.50** (deep-fried chicken)

**Spicy** Chicken Karaage **\$8.95**

## TEMPURA

Appetizer Tempura **\$7.80**

**Vegetable** Tempura 5pcs **\$7.20**

Prawn Tempura 4pcs **\$9** 8pcs **\$17.50**

**Yam** Tempura 4pcs **\$7** 8pcs **\$13.50**

## PANKO

Panko Breaded Prawns 4pcs **\$13** 8pcs **\$23.25**

## UDON NOODLES (noodles in Japanese broth)

Plain Udon **\$9**

**Vegetable** Udon **\$10**

Chicken Udon **\$12**

Beef Udon **\$12**

add **Vegetable** **+\$3**

## TERIYAKI BOWL (beef or chicken and vegetables on rice)

Beef or Chicken S-**\$12.25** L-**\$15**

**Spicy** Chicken Karaage Don **\$13.50**

add **Extra Beef or Chicken** **+\$3**

## SASHIMI

Tuna (Albacore) 5pcs **\$10.50** 10pcs **\$20**

Salmon (Wild Sockeye) 5pcs **\$12.50** 10pcs **\$23**

Tuna 3pcs & Salmon 3pcs **\$14**

Tuna 5pcs & Salmon 5pcs **\$21.50**

## SUSHI ROLLS (all rolls have rice on the outside)

Inari (1pc) **\$2**

(fried bean curd with sushi rice)

**Cucumber Roll** **\$3.80**

**Avocado Roll** **\$4.20**

**Avocado Cucumber Roll** **\$4.50**

**Green Roll** **\$4.85** (avocado inside, avocado on top)

**Yam Roll** **\$5**

Tuna Roll **\$4.50**

Salmon Roll **\$4.50**

Tuna Salmon Roll **\$6.75**

Beef Roll **\$4.40**

Chicken Roll **\$4.40**

California Roll **\$4.70** (with mayonnaise)

Salmon Avocado Roll **\$5.25**

Tuna Avocado Roll **\$5.25**

Crispy Chicken Roll **\$5.20**

Dynamite Roll **\$5.55**

**Spicy** Tuna Roll **\$5.10**

**Spicy** Salmon Roll **\$4.75**

**Spicy** BBQ Salmon Avocado Roll **\$5.30**

**Spicy** California Roll **\$4.90**

**Spicy** Chicken Roll **\$4.65**

**Spicy** Dynamite Roll **\$5.75**

**Spicy** Shrimp Avocado Roll **\$6**

Any rolls, add **spicy mayonnaise** **+\$0.25**

Substitute soy sheet on any roll **+\$1**

Any roll, add **mango** **+\$0.50**

## SEASONAL ROLLS (and any roll with Mango)

**Mango** Avocado Roll **\$4.85**

**Mango** California Roll **\$5.25**

**Mango** Chicken Roll **\$5.75**

## ROLL COMBOS

Mama's Roll Combo **\$17.75**

(California, Dynamite, Crispy Chicken)

Vegetable Roll Combo **\$15.15**

(Yam, Cucumber, Avocado)

Heat Roll Combo **\$18.75**

(**Spicy** Salmon, **Spicy** Tuna, **Spicy** Shrimp Avocado)

## MAMA'S SPECIALTY SUSHI ROLLS

Mama's Dynamite Roll **\$8.50**

(2 prawn tempura, cucumber, avocado on top)

**Mama's Vegetable Roll** **\$7.40**

(cucumber, avocado, carrots, Japanese radish,  
tempura yam, tempura string bean, w/ soy sheet)

CTT Roll **\$9.50**

(California roll w/ spicy tuna tobiko on top)

Harbour Roll **\$7.50**

(salmon, cream cheese, mango, avocado on top)

Spirit Roll **\$6.95**

(imitation crab tempura, tempura bits,  
cucumber, avocado on top w/ spicy sweet sauce)

Centre Roll **\$12**

(tuna, salmon, prawn tempura, avocado,  
soy bean sheet w/ spicy Japanese mayonnaise)

Madeira Roll **\$9.80**

(beet tempura, avocado, cucumber, carrot, mango,  
salmon w/ soysheet on top)

## MAMA'S BENTO BOXES

with 8pcs roll, miso soup, and salad

Teriyaki Chicken or Teriyaki Beef Bento **\$12**

Agedashi Tofu Bento **\$12**

**Vegetable Tempura Bento** **\$12.25**

Karaage Bento **\$13.50**

(3pcs Chicken Karaage, California roll, salad  
edamame, vegetable spring roll)

Sashimi Bento (3pcs tuna, 2pcs salmon) **\$14.50**  
all Salmon **+\$3.50**

Panko Salmon Bento **\$14**

(3pcs Panko Salmon, Shrimp Avocado Roll,  
edamame, small appetizer)

Salmon Teriyaki Bento **\$13.80**

(California Roll, rice, small appetizer)

Tempura Bento **\$12.50**

Panko Prawn Bento **\$14.25**

(3pcs Panko Prawns, Mango Shrimp Avocado Roll,  
edamame, small appetizer)

## SMALL ITEMS

Spicy mayo, hot sauce, wasabi, ginger, teriyaki sauce **\$0.25**

Additional ponzu sauce, gomae sauce **\$0.1**

Substitute soy sheet for any roll **\$0.75**

Additional mango **\$0.45**