



SOUP & SALAD

- Miso Soup (tofu, green onion) \$2.30
Rice \$2.30
Sushi Rice \$2.65
Vegetable Sunomono \$3.80
Shrimp Sunomono \$4.35
Mixed Vegetable Salad \$7.25
Seaweed Salad \$7.90
Spinach Gomaee \$4.55



SHRIMP GYOZA

APPETIZERS

- Edamame \$4.55
Gyoza (5 pcs pork) \$5.65
Shrimp Gyoza (5 pcs) \$7.55
Vegetable Gyoza (5 pcs) \$5.85
Vegetable Spring Rolls 2pcs \$4.25 4pcs \$7.40
Agedashi Tofu \$6.80
Spicy Agedashi Tofu \$6.95
Chicken Karaage \$8.15
Spicy Chicken Karaage \$8.85



YAM TEMPURA

TEMPURA

- Vegetable Tempura 5pcs \$6.55
Yam Tempura 4pcs \$6.35 8pcs \$11.35

TERIYAKI (with rice & vegetables)

- Beef Teriyaki S-\$10 L-\$12.70
Chicken Teriyaki S-\$10 L-\$12.55
Tofu Teriyaki \$11.55

UDON NOODLES (noodles in Japanese broth)

- Plain Udon \$7.50
Vegetable Udon \$8.90
Beef Udon \$11.35
Chicken Udon \$11.35
add Vegetable +\$2.75

DONBURI (rice bowl with vegetables)

- Beef Teriyaki Don S-\$11 L-\$13.55
Chicken Teriyaki Don S-\$11 L-\$13.55
Spicy Chicken Karaage Don \$12.30
add Extra Beef or Chicken +\$2.75



CHICKEN TERIYAKI

SUSHI ROLLS (all rolls have rice on the outside)

- Inari (1pc) \$1.55
Cucumber Roll \$3.80
Avocado Roll \$3.95
Avocado Cucumber Roll \$4.40
Green Roll \$4.45
Yam Roll \$4.65
Tuna Roll \$4.30
Salmon Roll \$4.30
Tuna Salmon Roll \$6.35
Beef Roll \$4.15
Chicken Roll \$4.15
California Roll \$4.30
Salmon Avocado Roll \$4.90
Tuna Avocado Roll \$4.90
Crispy Chicken Roll \$4.65
Dynamite Roll \$4.90
Spicy Tuna Roll \$4.70
Spicy Salmon Roll \$4.50
Spicy BBQ Salmon Avocado Roll \$5
Spicy California Roll \$4.45
Spicy Beef Roll \$4.30
Spicy Chicken Roll \$4.30
Spicy Dynamite Roll \$5.15
Spicy Shrimp Avocado Roll \$5.60
Any rolls, add spicy mayonnaise +\$.20
Substitute soy sheet on any roll +\$.75
Any roll, add mango +\$.45



CALIFORNIA ROLL



GREEN ROLL

MAMA'S SPECIALTY SUSHI ROLLS

- Mama's Dynamite Roll \$7.85
Mama's Vegetable Roll \$7.20
CTT Roll \$8.75
Harbour Roll \$7.30
Spirit Roll \$6.50
Centre Roll \$9.75
Madeira Roll \$9.40



HARBOUR, SPIRIT, CENTRE ROLLS



SASHIMI

Tuna (Albacore) 5pcs **\$10.50** 10pcs **\$18.20**
 Salmon (Wild Sockeye) 5pcs **\$11.50** 10pcs **\$19.85**
 Tuna 3pcs & Salmon 3pcs **\$13.25**
 Tuna 5pcs & Salmon 5pcs **\$19.75**

ROLL COMBOS

Mama's Roll Combo **\$15**
 (California, Dynamite, Crispy Chicken)
 Spicy Roll Combo **\$16.50**
 (Spicy California, Spicy Shrimp Avocado, Spicy BBQ Salmon)
 Vegetable Roll Combo **\$14**
 (Yam, Cucumber, Avocado)
 Heat Roll Combo **\$16.75**
 (Spicy Tuna, Spicy Shrimp Avocado, Spicy Salmon Avocado)
 Teriyaki Roll Combo **\$14.50**
 (Chicken, Beef, BBQ Salmon)

MAMA'S BENTO BOXES

with 8pcs roll, miso soup, and salad

Teriyaki Chicken or Teriyaki Beef Bento \$10.55

Agedashi Tofu Bento \$10.55

Vegetable Tempura Bento \$11.55

Karaage Bento \$12.30
 (3pcs Chicken Karaage, California roll, salad edamame, vegetable spring roll)

Sashimi Bento (3pcs tuna, 2pcs salmon) \$13.50
 all Salmon **+\$3.50**

Panko Salmon Bento \$13.30
 (3pcs Panko Salmon, Shrimp Avocado Roll, edamame, small appetizer)

Salmon Teriyaki Bento \$13.15
 (California Roll, rice, small appetizer)

SEASONAL ROLLS (and any roll with Mango)

Mango Avocado Roll **\$4.55**
 Mango California Roll **\$4.70**
 Mango Chicken Roll **\$5.35**



TUNA & SALMON SASHIMI



SPICY CHICKEN KARAAGE DON



MAMA'S BENTO BOX



CTT ROLL

SMALL ITEMS

Spicy mayo, hot sauce, additional wasabi, ginger, teriyaki sauce **\$.25**
 Additional ponzu sauce, gomaae sauce **\$.1**
 Substitute soy sheet for any roll **\$.75**
 Additional mango **\$.45**

DRINKS

Bottled water, Pop or Juice **\$2**
 Beer S-**\$5** L-**\$10**
 Kirin S-**\$5.50** L-**\$11**
 Hot Sake S-**\$5** L-**\$10**
 Cold Sake Hakutsuru 300ml - **\$23**
 Wine Glass 5oz
 Copper Moon White **\$5.50**
 Santa Margherita Pinot Grigio White **\$7.50**
 Moonlight Merlot Red **\$5.50**

ALL OUR FOOD IS PREPARED & COOKED TO ORDER. PLEASE THEREFORE ALLOW FOR PREPARATION & COOKING TIME, ESPECIALLY AT THIS TIME WHEN WE ARE EXPERIENCING A HEAVIER THAN USUAL VOLUME OF TAKEOUT ORDERS.

NO MSG · NO PEANUTS

Menu items may contain or come into contact with ingredients that cause allergic reactions in some individuals. Please let us know if you have allergy concerns prior to ordering.

WE KNOW YOU LOVE OUR PANKO PRAWNS AND PRAWN TEMPURA BUT THEY ARE CURRENTLY NOT AVAILABLE DUE TO OUR SUPPLIER'S PRAWN SHORTAGE. SORRY!